

STUDENTS OF COLOR
CONFERENCE

29TH ANNUAL

APRIL 18-20, 2019
YAKIMA, WA

WE ARE: Empowered by our Past



Forging our Future

SPECIAL THANKS

SPECIAL THANKS TO THE 2019 STUDENTS OF COLOR CONFERENCE PLANNING COMMITTEE

Malcolm Oliver, Bellingham Technical College
Yadira Rosales, Skagit Valley College
Jodie Collins, Olympic College
Maribel Jiménez, Yakima Valley College
Doris Martinez, Highline College
Larissa Tikhonova, Cascadia College
Diana Villafana, Big Bend Community College
Nadine Barragan, Walla Walla Community College
Henry Amaya, Bellevue College
Corey Sutter, Spokane Community College
John Killian, Lower Columbia College

SPECIAL THANKS TO THE SOCC STUDENT INTERNS

Ana Lisa Lazaro, Western Washington University
Beatriz Rojas Vazquez, University of Washington Bothell

SPECIAL THANKS TO THE SOCC PLANNING VOLUNTEERS

Parfait Bassalé, South Puget Sound Community College
Lyll Rudenskjold, Seattle Central College
Marina Shipova, Peninsula College
Ruth Susanto- Cascadia College
Yakima Valley College Print Shop
Yakima Valley College Student Volunteers

Cover artwork by Jennifer Bloomer

In developing our conference agenda, we have attempted to be as inclusive as possible. We sought out a diverse group of presenters to provide you with a program that reflects the multiple identities of our participants. Please see a member of the Planning Committee if you have any additional presenters or resources you would like us to use for future Students of Color Conferences.

WE WOULD LIKE TO RECOGNIZE AND THANK THE FOLLOWING FOR THEIR GENEROUS SPONSORSHIP

Association of College Trustees
The State Board of Community and Technical Colleges
Washington State Employee Credit Union (WSECU)

WELCOME



Dear Student,

Welcome to the 29th Annual Students of Color Conference! We have intentionally planned to bring you the most transformative experience and one that, we believe, will impact your life significantly. SOCC has a legacy of inspiring student leaders to use their voice and step into their power. For the past 29 years, conference participants have used SOCC as a catalyst to create needed change within their schools and communities through leadership and activism.

The 2019 SOCC theme is “WE ARE: Empowered by our Past, Forging our Future.” We live in a time where we must dig deep within us to connect with our ancestors for strength, courage, and empowerment. We stand on the shoulders of giants who came before us and paved our way. Now, it is up to you to seize this moment and allow yourself to actively listen, and seek to understand for personal growth and knowledge as tools of empowerment. You are forging the future!

You will soon learn that this is a one-of-a-kind conference experience and we are honored to share this experience with you. Throughout the conference we invite you to allow yourself to grow as a student, as a leader, and as an agent of change. As you experience the conference, we hope to ignite or continue to fuel your desire for a more equitable and just society. We encourage you to participate with intention, listen for understanding and always speak your truth.

We envision an experience that will drive you to seek more knowledge on topics and ideas that intrigue you. Enjoy, learn, y ponte las pilas!

Mil gracias,

Maribel T. Jiménez, President
Multicultural Student Services Directors Council



Follow Students of Color Conference on social media
@SOCCWA and #SOCCWA





WELCOME



PRAYER/MEDITATION ROOM

In a continued effort to ensure the comfort and safety of all Students of Color Conference participants, the planning committee has reserved a room in the conference center for any prayer or meditation needs. This Prayer/ Meditation Room is intended to serve the religious or spiritual needs of conference participants. Anyone who needs a safe, quiet space to pray, meditate, or reflect is welcome to use this space based on your own self- identified needs.

If you need a quiet space for reasons other than prayer or meditation, there are spaces available throughout the conference. You can also ask a planning committee member or your advisor for such a space. We will do our best to accommodate you! Please respect the needs of your fellow conference participants and leave the prayer space for prayer.

Prayer/Meditation Location: Conference Room 1

ALL GENDER RESTROOMS: PEE IN PEACE!



Students of Color Conference is committed to the inclusion of transgender and gender non-conforming members of our community. Transgender is a term that some people use to identify themselves. This identity describes someone whose internal sense of self does not “match” the gender they were assigned at birth.

It’s important to make sure that everyone in our community feels welcome, safe, and included. This can be done in many ways, but is especially important when it comes to restrooms...

Many of us have the privilege of using gendered restrooms without much thought; we just use the restroom with the stick figure image that matches us. However, many transgender people face harassment and discrimination in gendered restrooms. This harassment can lead to anxiety, humiliation, violence, and even suicide. For this reason, the Students of Color Conference has decided that including an All Gender Restroom is essential. Each of us has the right to feel safe when using the restroom. Gendered restrooms are still available throughout the conference center and hotels. You are welcome to use whichever restroom you feel most comfortable using. Regardless of which restroom you choose to use, please let everyone pee in peace!

COUNSELING

Due to the nature of topics covered at Students of Color Conference, students may experience a variety of overwhelming feelings/thoughts. If at any time you need to meet with a counselor, please come to Conference Room 2. SOCC has a counselor on site that you can be immediately connected with.

Counselor:
Liz DeVilleneuve, LICSW



CONFERENCE CURFEW

The Multicultural Student Services Directors’ Council (MSSDC) is committed to creating and maintaining an environment that is safe for all participants at this conference. Over these many years, we have been fortunate in that there have not been any major incidents or developments. It has come to our attention that there has been noted and increased illegal activity in the surrounding area. In order for us to assure a successful and safe learning experience for everyone, we have established a **CONFERENCE CURFEW**. All Students of Color Conference participants will be required to be in their registered hotels by **1:00am on Thursday night** and **2:00am on Friday night**, and not visiting another hotel after these times. If a student needs to leave their hotel, they must have an advisor with them. Please note that each hotel has its own lobby hours which should be respected. Thank you for helping us ensure your safety.

Follow Students of Color Conference on social media & share your story with us
@SOCCWA and #SOCCWA



THE CONFERENCE

GUIDED BY FIVE MAIN THEMES...

IDENTITY DEVELOPMENT

Racial, ethnic, and/or cultural identity group sessions focus on group identity and issues related to self awareness. These workshops introduce students to concepts and structures that will strengthen their racial, ethnic and/or cultural identity.

AWARENESS OF OTHERS

These “101” workshops are designed to increase students’ awareness, knowledge, and understanding related to race, ethnicity, and other differences with groups other than their own.

SKILLS DEVELOPMENT

In these workshops, students will be inspired to learn, build and develop skills that they can use to achieve their full potential. Examples include alliance building, intercultural communication, cross-cultural communication, understanding power and privilege, etc.

SOCIAL JUSTICE AND SOCIAL ACTIVISM

These workshops will introduce and/or advance students’ understanding of the importance of becoming agents of social change. Topics for discussion will include social change, institutional inequities, issues affecting our communities, -isms, social economic justice, etc.

PERSONAL DEVELOPMENT

Students will learn the importance of personal development in the areas of health and wellness, and issues related to the mind, body, and soul. Examples include music, art, movement, etc.

The goal of the conference is to support students of Washington State community and technical colleges to become more active proponents of their own education and life choices, and to expand the opportunities and possibilities for students to become agents of change.

The conference is structured around five sessions with up to 16 concurrent workshops per session. Each interactive workshop is scheduled for 90 to 120 minutes. In order to foster an atmosphere of shared knowledge, at least 50% of time in each workshop will include active learning components, such as facilitated discussion.

GROUND RULES

FOR GROUP DISCUSSIONS ABOUT DIVERSITY, HUMAN RIGHTS AND EQUALITY

Contributions are welcome and open discussion is encouraged, while respecting your college’s Student Conduct Code. In order to have productive discussion, participants must be honest with others and themselves.

1. While there is no such thing as a completely “safe” public forum for discussing difficult topics, if you do not want your comments repeated outside of the group, preface your remarks with a request for confidentiality and the group will honor your request.
2. Assume that everyone participating is doing the best they can to listen and understand the topics presented.
3. Never demean, devalue, or in any way embarrass people for their experiences should they choose to share in the group. Humor is welcome, but shaming behavior is not.
4. Practice respectful inquisitiveness about others, not cultural tourism. It is better to admit that we know very little about a different person or culture and to gather information than to make assumptions.
5. Allow each person to speak without interruption.
6. Acknowledge that inequalities of privilege and power exist in our social structure according to race/ethnicity, nationality, class, gender identity, age, religion, socioeconomic status, physical or mental disability, and sexual orientation.
7. Acknowledge definitions, terms, and examples discussed as samples of institutional and structural conditioning that can misinform us about our own group identity and about others.
8. Agree not to blame ourselves or others for the misinformation we have learned, but accept responsibility for not repeating misinformation after we have learned a new way to respect and embrace difference. Also agree not to blame victims for the condition of their lives.
9. It’s okay to feel anger, confusion, frustration, fear, and sadness while participating. Realize that the more often you participate in discussions and spend time learning about diversity issues, you will also feel acceptance, reconciliation, trust and empathy for others. The more we know about differences, the more comfortable we will be with our diverse people in our global community.



DIVERSITY AWARENESS AND CULTURAL SENSITIVITY

BE YOURSELF

Take time to honor the past and present. Learn about who you are and where you come from. Do not lose your identity in the identity of others. You do not have to be them to understand and empathize with what they have gone through.

SELF-LOVE

Celebrate culture, beginning with your own. Self-love is most important. Everyone has a culture – it is what makes you who you are! One culture is not better than another – remember that cultures have been used to target and judge people wrongly. Trust your integrity within your surrounding community because it is the right thing to do.

DEMONSTRATE RESPECT

It is not easy to respect differences, attitudes, lifestyles, experiences, ideologies and languages. So don't expect it to be without ups and downs. Don't be an idealist or a pessimist; be realistic. Show respect for yourself and others.

SUPPORT SYSTEM

Have a support system of friends, peers and loved ones who will listen, engage in conversations with you, challenge your biases, understand what you may be experiencing, encourage your learning and motivate you to continue learning.

EDUCATE OTHERS

Work to educate your surrounding community (friends, school, family, work, etc.) and expect support from other allies. Utilize the people around you to advance your learning – teachers, peers, elders, parents, mentors, etc. Do not expect a particular group to have all the answers.

DEAL WITH DIVERSITY DAILY

Embrace diversity within your day-to-day life. Do not treat it as if you need to "get done with it." You should bring up topics and interact with people regularly – not just once a year during history months, when something bad happens, or when you have a particular person present.

EXPERIENCE FEAR

Acknowledge and articulate the role that fear has operated in your life – fear of learning about injustices, fear of cultural groups, or fear of the unknown. Racism, prejudice, bias and injustice are learned and can be unlearned.

INCREASING YOUR



DIVERSITY AWARENESS AND CULTURAL SENSITIVITY

GROWING PAINS

Ignorance is bliss. To go about our lives not knowing that injustices happen is blissful. Awareness and knowledge is power. You will be a better person for going through this struggle. Be committed to your personal growth, despite the probability of discomfort.

FEEL GUILT

Work from a place of understanding and responsibility for one's actions and empowerment, not from a place of guilt. Acknowledge and articulate the role that guilt has in your developmental process. Feel guilty only if you have done something to feel guilty about.

EDUCATE YOURSELF

Read books and magazines, see movies, and check out websites that don't have people like you in them. Utilize opportunities within your community to interact with people from different backgrounds than your own.

IT'S OKAY TO MAKE MISTAKES

Expect to make mistakes – they are learning experiences – but do not use them as an excuse for non-action or to justify wrong doings.

DO THE RIGHT THING

Do not tell jokes or tolerate prejudiced humor. To initiate, perpetuate or participate is wrong. To say nothing to someone is wrong. Silence gives license.

WORK WITHIN YOUR WORLD

The only way to eradicate -isms is for people to stand up and say, "This is not right." You need to stand up for those who cannot, but don't assume that because that someone doesn't address the issue they can't speak for themselves.

BECOME ANGRY

Acknowledge and articulate the role anger plays in your learning process. You may become angry because you've been lied to or uninformed. Accept it, embrace it, and use it to fuel your desire for social change.

EXPERIENCE ANXIETY

Information can be stressful and overwhelming. Take time to digest and process the information you receive, and use your peers and mentors to help you.

FEEL EMPOWERED

Everyone has personal power: Embrace it. Use it to create social change.

AGENDA AT A GLANCE

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THURSDAY, APRIL 18, 2019

Thursday, April 18th

12:00 pm – 2:00 pm	Conference Check in
2:00 pm – 3:00 pm	Welcome & Conference Opening Yakima Blessing Rhonda Coats Award Emerging Leader Award Conference Expectation Roll Call
3:00 pm – 4:00 pm	Keynote Speaker
4:15 pm – 5:45 pm	Advisor/Chaperone Meeting Identity Development Workshops Women's Identity Men's Identity QTPOC Muslim Students with Disabilities DREAMers/Undocumented Students
6:00 pm – 7:00 pm	Buffet Dinner w/ Musical Performance
7:15pm - 9:15 pm	Concurrent Session 1 – Racial/Ethnic/Cultural Identity Groups
9:30 pm – 10:00 pm	Individual School Meetings
10:15 pm – 12:00 am	Open Mic

FRIDAY, APRIL 19, 2019

Friday, April 19th, 2019

8:00 am – 9:00 am	Full Breakfast/Announcements
9:00 am – 10:30 am	Session 2 – Awareness of Others
10:30 am – 10:45 am	Transition Time
10:45 am – 11:45 am	Morning Keynote Speaker
11:45 am – 12:00 pm	Transition time
12:00 pm – 1:30 pm	Session 3 – Skill Development
1:30 pm – 2:30 pm	Buffet Lunch
2:30 pm – 4:00 pm	Session 4 – Social Justice/Social Activism
4:00 pm – 4:15 pm	Transition time
4:15 pm – 4:45 pm	Individual School Meetings
4:30 pm – 6:30 pm	College Fair
6:30 pm – 8:30 pm	Buffet Dinner/ Keynote Speaker
8:30 pm – 8:45 pm	Transition Time
8:45pm – 10:30 pm	Performance
10:00 – 1:00 am	Social Events



SATURDAY, APRIL 20, 2019

8:00-9:00 a.m. Full Breakfast and Announcements	Ballroom C/D/E
9:00-10:30 a.m. Session 5 – Personal Development	Various Locations
10:30-10:45 a.m. Transition Time	
10:45-12:00 p.m. Closing Activities	Ballroom C/D/E



IDENTITY DEVELOPMENT WORKSHOPS

WOMEN'S IDENTITY

Eileen Yoshina, Puget Sound Educational Service District
Melanie King, Seattle Central College
Room F/G/ H

MEN'S IDENTITY

Michael Tuncap, Seattle Central College
Eddie Maiava, Brigham Young University- Hawaii
Vicente Lopez, Yakima Valley College
Room number 400/500/600

QTPOC IDENTITY (QUEER AND TRANS PEOPLE OF COLOR)

Liz DeVilleneuve, Yakima Valley College
Olivia Hernandez, Yakima Valley College
Room B

MUSLIM IDENTITY

Samuel Chesneau, Seattle Central College
Hanan Hassan, Northwest Film Forum
Sabreen Abdullah, Seattle Central College
Room 100

STUDENTS WITH DISABILITIES

Steve Ferreira, Beyond Disabilities
Room 200

DREAMERS/ UNDOCUMENTED STUDENTS

Diana Betancourt Macias, University of Washington Bothell
Michel Banos, University of Washington
This session is only for students that identify as undocumented/DREAMer and/or have DACA status.
Room A

ADVISOR MEETING

This meeting is for all college representatives, advisors, chaperones, and members of the Multicultural Student Services Directors Council (MSSDC)
Red Lion Garden Terrace



INDIVIDUAL SCHOOL ASSIGNMENTS

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Institution	Room Assignment
Bates Technical College	Red Lion Ivy Room
Bellevue College	Yakima Convention Center 500
Big Bend Community College	Red Lion Ivy Room
Cascadia College	Yakima Convention Center Room 100
Centralia College Yakima	Convention Center Room 300
Clark College Yakima	Convention Center Room 200
Clover Park Technical College	Red Lion Upper Terrace
Columbia Basin College Yakima	Convention Center Room 400
Edmonds Community College	Red Lion Yakima Ballroom
Everett Community College Yakima	Convention Center Room B
Evergreen State College- Olympia	Red Lion Garden Terrace
Grays Harbor College Yakima	Convention Center Room A
Green River College	Red Lion West Ballroom
Highline College	Red Lion East Ballroom
Lake Washington Institute of Tech	Red Lion Lower Terrace
North Seattle College	Red Lion West Ballroom
Northwest Indian College	Yakima Convention Center Room B
Olympic College Yakima	Convention Center Room 100

Institution	Room Assignment
WSU-Vancouver Yakima	Convention Center Room 400
Pierce College - Puyallup	Red Lion Garden Terrace
Pierce College Fort Steilacoom	Red Lion Garden Terrace
Renton Technical College	Red Lion Lower Terrace
Seattle Central College Yakima	Convention Center 600
Shoreline Community College	Red Lion Upper Terrace
Skagit Valley College Yakima	Convention Center Room G
South Puget Sound College	Red Lion East Ballroom
South Seattle College Yakima	Convention Center 600
Spokane Community College Yakima	Convention Center Room 200
Spokane Falls College Yakima	Convention Center 500
Tacoma Community College Yakima	Convention Center Room A
University of Washington Tacoma	Red Lion Garden Terrace
Walla Walla Community College	Red Lion Veranda Room
Wenatchee Valley College Yakima	Convention Center Room 300
Whatcom Community College Yakima	Convention Center Room F
Yakima Valley College Yakima	Convention Center Room H
Central Washington University	Red Lion Garden Terrace



THURSDAY, APRIL 18

7:15 PM - 9:15 PM

IDENTITY DEVELOPMENT

These facilitated workshops focus on racial, ethnic, and/or cultural group identity and issues of awareness. IMPORTANT: You should attend one of these sessions only if you identify with this group.

African American/Black

Margaret Robinson, Tacoma Community College
Rashad C. Norris, Highline College
Room 400/500/600

African

Kelly Ngigi, Washington State University
Red Lion West Ballroom

Asian American

Eileen Yoshina, Puget Sound Educational Service District
Melanie King, Seattle Central College
Thomas Bui, Highline College
Room B

Biracial/Multiracial

Lori Hunt, Spokane Community College
James Lawrence Ardeña, Shoreline College
Room 200/300

International

Dr. Mari AcobNash, Skagit Valley College
Red Lion Garden Terrace

LatinX

Rosalba Pitkin, Clark College
Martha Molina, Seattle City Light
Jesus Mota, Columbia Basin College
Room F/G/H

Middle Eastern/ South Asian

Dr. Farhana Loonat, Skagit Valley College
Room 100

Native American, First Nations & Indigenous Peoples

Brian Ramos, Everett Community College
Red Lion Lower Terrace

Pacific Islander

Edwina Fui, Tacoma Community College
Benjamin Lealofi, Green River College
Michael Tuncap, Seattle Central College
Eddie Maiava Jr., Brigham Young University-Hawaii
Room A

White

Mical DeGraaff, Renton Technical College
Dian Ulner, Clark College
John Kellermeier, Tacoma Community College
Red Lion Upper/Red Lion Veranda Room

Identity Development 201

Lyall Rudenskjold, Seattle Central College
Red Lion East Ballroom

FRIDAY, APRIL 19

9:00 AM – 10:30 AM

AWARENESS OF OTHERS

These facilitated workshops are “101” awareness building related to race, ethnicity, and other differences. You should attend the workshops of the group you most want to learn about. Students will increase knowledge and understanding of a racial, ethnic, and/or cultural group other than their own.

Quien Soy Yo

Brian Ramos, Everett Community College
Room A

Is Cardi B Latinx? Or is she Black? When a White Argentinian man flips over the cart of a Brown Mexican-American while making racist remarks as he does it, do we consider him racist? Or is he incapable of racism because he is Latinx? Is everyone who is Latinx a person of color? This is an interactive workshop that will help students explore and understand what it means to be Latinx. Students will break down the layers of nationalism, colonialism, Anti-Blackness, and Indigenous dispossession in order to get to the root of who Latinxs folks are. We will address the inherent colorism and racism embedded in the Latinx identity and work to understand why it is so hard to answer the question of who we are.

Building Bridges Across Ethnic/Cultural/Religious Differences

Erin Jones, Erin Jones LLC
Room B

As a biracial (Black and White) woman who was raised at the United Nations school in The Hague, The Netherlands, speaks 4 languages, has lived in 3 countries and 5 states and visited 14, my expertise is in helping people understand their own stories and how those stories affect how they understand and engage with others. In this session, students will unpack their own stories and learn some strategies for learning about and engaging with others. My intention will be to create a brave space where attendees can be vulnerable and transparent. Come ready to share your story and hear the stories of others. You will leave inspired and challenged to continue to engage across difference.

“Gaysian” and “Lesian”: A Phenomenological Study to Understand a New Kind

Bin Zhang, Ball State University

Room F

Asian American LGBTQ men and women have been experiencing multiple discriminatory experiences on the basis of racism and sexism (including both gender and sexual orientation) in the U.S. school environment. They have been struggling with their identity formation when they face their racial, gender, and sexual orientation identities. This research project is attempting to use a new intellectual descendent theory–Critical Queerical Theory–based on Feminist Theory, Queer Theory, and Critical Race theory to authentically understand the intersectional discrimination on the basis of racism and sexism.

TALANOA: Sharing Our Stories they left outside of the Classroom

Edwina Fui, Highline College
Benjamin Lealofi, Green River College
Nedralani Mailo, University of Washington-Tacoma
Room 100

People from Samoa (& the Pacific Islander community at large) have used storytelling as a traditional method of: passing down cultural customs, community values and multiple forms of resistance, social justice and communication. In this workshop, stories will be shared around the struggles faced by Samoan-Americans as a result of institutional oppression while balancing family responsibilities and community-work. This workshop will look at how storytelling is used as a vehicle present-day to educate and embrace cultural practices while uplifting our future to come. Participants will have an opportunity to express their narratives through art, music, dance, and storytelling. Afio mai!



FRIDAY, APRIL 19
9:00 AM – 10:30 AM

AWARENESS OF OTHERS (Continued)

What would Republican Jesus do?

Martha Molina , Seattle City Light

Room 400

What would Republican Jesus do? Coping with cognitive dissonance when the gospel doesn't match up to what is being practiced by people who identify as Christian, but do not embrace the gospel. As a pastor's kid, I will share my experience of growing up in a conservative household and discovering that my undocumented status wasn't supported by the Republican party, who claimed to be Jesus followers. Confronting my dad as a spiritual leader and not my father to explain to him that the gospel he was preaching did not support who Jesus truly was. Use examples of the Republican party where they allege to be the party of values, but continuously encourage human suffering.

We are all welcome here: Integration of International Students in the American Education System

NDeye Sow, Tacoma Community College
Henrique Werner , Tacoma Community College

Red Lion Ivy Room

Are we really all welcome here? This workshop invites others to be aware of international students' struggles they face while studying in the US. These struggles can have a huge impact on their education journey and their integration within the American culture and education system. While each international student's struggle can be different due to their diverse cultural backgrounds, these presenters will also bring to the table the common struggles most international students face regardless of where their education journey begins and ends. Be prepared to participate in a fun and interactive workshop!

Resolving Racial Identity Crises: Readiness, Response and Recovery

Juan Esparza, Bellevue College

Red Lion Upper Terrace

This workshop will focus on racial identity development. Utilizing tools such as Dr. William Cross' 5 stages of identity development which introduced in his "Nigrescence Model of Racial Identity Development". We will look at intersecting axes of privilege, domination and oppression and will provide a tool to self-reflect on one's own identity and place in society. We will also discuss how equality undermines equity and what roles we play in that process.

The History of the Education of African Americans

Charles Jeffreys, Seattle Central College

Room 500

This workshop examines the history of the education of African Americans from 1700 to the present.

Faith on Campus: Spiritual Identity Development in College

Cameron Cox, Pierce College Fort Steilacoom

Room 200

Spirituality and Faith have a significant role in the experiences of people of color as well as in the lives of college students. Students do not check their spiritual identities in the parking lot when they arrive on campus. In fact, it often helps them navigate the challenges of life they experience while in college. Inspired by research done at UCLA, this interactive workshop will explore the role faith & spiritual identity in the lives of college students. In addition, we will look at how it affects student success in college. Finally, we will examine issues of injustice, and how spiritual communities can work toward justice for the marginalized.

FRIDAY, APRIL 19
9:00 AM – 10:30 AM

AWARENESS OF OTHERS (Continued)

And Still We Rise: The Black Student Experience

Dana Parker, Edmonds Community College
Dennis Denman, Edmonds Community College

Room G

Being a Black college student can be a blessing and a curse! Going from being the only Black student in classes to being the spokesperson for the entire African diaspora! Through it all, the Black student experience is one that is life changing, uplifting and shouldn't go unnoticed. Attend this session to learn more about the Black Student Experience, breaking down culture, stereotypes, and how Black Students continue to rise up and beat the odds. Learn how to support black student communities on your campus and in your community

Is Having A Racial Dating Preference Racist?

Mary Marcello, Tacoma Community College
Judy Loveless-Morris, Clover Park Technical College

Red Lion Garden Terrace

Attraction and dating can be very personal to an individual. This workshop will incorporate sociological theories and research to explain more about the Eurocentric beauty model and how that affects us today, especially while dating. Ingrained societal standards for beauty may affect us more than one may think. Attendees will become more aware of their own biases and begin to have a more meaningful dialogue about racial preference in dating.

The World is Made of Stories

Gerry Ebalaroza-Tunnell, PHD, Co3 Consulting

Room 600

Whether in caves or in cities, the stories we tell remains the most typical and essential form of understanding one another. All of us tell stories. The story of our day, the story of our life, workplace gossip, the horrors on the news. Our brains are hard-wired to think and express in terms of beginning, middle and end. It's how we understand the world and those who occupy it with us. When some of our own stories are stretched and pulled by the grueling concepts of how we should navigate this space together, we can find ourselves conflicted. We react to certain situations without first inquiring about hidden issues or the individual stories that exist with others.

African American Genealogy

Glenda Graham-Walton, South Seattle College

Red Lion Yakima Room

Genealogy is the study your family history using records and other documents. It allows you to develop research and analytical skills while learning about yourself. Knowing who you are and where you come from is empowering. In this workshop you will be motivated to pursue and perhaps write your family's story.

Eradicating Bullying

Steve Ferreira, Beyond Disabilities
Chitalu Mumba, Beyond Disabilities

Red Lion Veranda Room

Have you been a victim of bullying or have you bullied someone? This workshop will give you insight on ways to prevent bullying now and in the future.



FRIDAY, APRIL 19

9:00 AM – 10:30 AM

AWARENESS OF OTHERS (Continued)

Both/And: Narrative Identity Affirmation of Race and Disability

ChrisTiana ObeySumner, Epiphanies of Equity

Room 300

As a social equity consultant and disabled BIPOC self-advocate, I've noticed a frustrating pattern: There are anti racism initiatives, and disability inclusion initiatives, but rarely an antiracist disability inclusion initiative. As a result, there's an equity struggle for BIPOC who must bridge the two. This workshop will provide a brief history of the intersectional disability, and review terms like "racialized ableism." Narrative Identity activities and group healing exercises will be done to affirm the intersectional experience of race and disability in spaces led by socially constructed barriers. Finally, strategies for advocacy will be shared.

Public Institutions & Responsibility: Formerly Incarcerated People in Higher Education

Omari Amili

Red Lion Lower Terrace

In this session author and advocate Omari Amili brings a presentation and discussion first presented at the Faculty & Staff of Color Conference around what it means for state institutions to be public and the responsibility that comes along with that as it relates to welcoming formerly incarcerated students.

Racial Identity Development & Intersectionality: Navigating Identity in the Academy

Pat Russell, Psy.D., Seattle Central College

Valerie Hunt, Ph. D., Seattle Central College

Red Lion West Ballroom

This workshop will examine the various models of racial identity development (RID) for people of color and white people, and at how RID intersects with other identities such as gender, nationality, etc. The workshop will endeavor to help individuals better understand the impact RID has both in the classroom and with an individual's growth. The session will be interactive as well as informative. Participants will have the chance to reflect on their own racial identity development, and what strength it brings into the academic environment.

Microaggressions and Why You Can't Touch My Hair

Victoria Callahan, Edmonds Community College

Andrea Gabriel, Edmonds Community College

Red Lion East Ballroom

Come and learn about microaggressions and why there is nothing 'micro' about them. In this interactive workshop we will clarify what microaggressions are, the underlying message behind them, and why they are harmful. Once we figure out how to spot microaggressions, we will explore how best to confront them.

The Need for Intersectional Feminism

Janie Wright, Planned Parenthood of Greater

Washington & Northern Idaho

Room H

We will look at sexism in Black and Brown movements and how it created the beginning of intersectional feminism.

FRIDAY, APRIL 19

12:00 PM – 1:30 PM

CROSS-CULTURAL COMMUNICATION AND SKILLS

These facilitated workshops focus on skill building and development, such as alliance building, intercultural communication, cross-cultural communication, and understanding power and privilege.

We Got Y'all, Be Real

Ro Boyce, Edmonds Community College

Room F

The purpose of this workshop is to build intercultural communication skills to facilitate respectful relationships within our communities. Starting within. Healing. We will demonstrate ineffectual dialogues using a provocative talk style circle with audience participation, followed by an open discussion. Students will walk away with a better understanding, self growth and skills to understand and communicate effectively in a diverse environment.

What's Love Got to Do with It? Moving towards a love that can heal our divisions

Cameron Cox, Pierce College- Fort Steilacoom

Room 400

Many of us believe we need more love in our world, to heal the divides between us, but what kind of love? What does love that can heal and transcend deep divisions, injustices, & wounds look like? Does that kind of love even exist? In this workshop we take a deep look at love in its most radical, transformative, & powerful form. Through storytelling we will learn about real individuals from around the world, who loved radically, and have transformed their world radically.

Diversity and Leadership: Being the Best Leader You Can Be

Matondo Hermione Mbuku Tulu, Edmonds Community College

Room 300

The interactive workshop will aid and allow participants to discuss and identify their personal future as a leader in the diversity, and also how a leader's actions can affect the society we live in/work in. Participants will learn the power of language how it can be beneficial or disadvantageous when leaders make connections. Also, acknowledging and owning responsibility for the negative impact or harm you have done. A successful leader has to be a risk taker, fearless, humble, open-minded, and a great listener (not a fake listener). Willing to serve in a diverse environment without being judgmental regardless of the person's religion, gender, sexual orientation, etc.

Promoting Equity and Empowering Students of Color: Identifying Barriers and Addressing Challenges

Ramon Concepcion, Bellevue College

Julia Munyandamutsa, Bellevue College

Room 500

This workshop will help attendees identify and understand systemic and social oppression that leads to implicit biases and marginalization of people of color. Through an interactive approach, we will examine those elements of systematic oppression and work on creating a new framework for utilizing our cultural assets for self-empowerment, group empowerment, and inspire momentum among students. Together we are "empowered by our past and forging our future."



FRIDAY, APRIL 19

12:00 PM – 1:30 PM

CROSS-CULTURAL COMMUNICATION AND SKILLS (Continued)

How to Survive and Thrive in a Math Class

John Kellermeier, Clark College

Yakima Ballroom

Have you ever felt out of control and lost in a math class? Join us to learn strategies to survive and thrive in math class and prove just how successful you are. Make your success in math to forge your future.

You Must Look Ahead to Stay Ahead

Kelly Ngigi, Washington State University

Raymond Herrera, Washington State University

Room 600

Are you interested in graduate school or a career in research? Are you unsure of what it takes to get into graduate school? Or whether it is a good option for you? Let us teach you how to maximize your time and opportunities as well as establish and maintain a professional network as a new transfer student on a university campus. In addition, we will introduce the McNair Scholars Program which seeks to educate students of color on undergraduate research opportunities and graduate education.

Introduction to Peacemaking Circles

Julia Ismael, Washington Building Leaders of Change at Rainier Beach HS

Room B

The master's tools will never dismantle the master's house." - Audre Lorde Communication is a tool. We use it to make decisions, assign urgency, debate, discuss, challenge, intimidate, dismiss etc. Too often, the frantic pace of communication in our daily lives disallows needed time for emotive tangents, complete storytelling, and active listening. The peacemaking circle process

is globally ancient but is now brought forward as an alternative that amplifies all voices and depends on the collective wisdom to name and solve persistent problems. And, slow down to take time to reflect on the conference experience. It is time to pick up our own tools to build love through listening.

Communicating Across Cultures

Erin Jones, Erin Jones LLC

Khurshida Begum, Consultant & Trainer

Room A

Two best friends who are American-born Black, European-raised and Bengali-born, American-raised will share their own experience of friendship and talk about what they have learned about communicating across cultures. Erin is Christian. Khurshida is Muslim. For the duration of their 10-year friendship, they have wrestled together through issues of race, culture, language, xenophobia and immigration. This session will involve the telling of story and practicing strategies for learning the stories of others.

Aid for All - FAFSA/WASFA

Trista Flores, Walla Walla Community College

Room G

Interested in learning more about Financial Aid? This workshop will discuss how to successfully navigate the Financial Aid process. We will have detailed information regarding the FAFSA, WASFA and Scholarship applications. We will have a short slideshow showcasing the what if's of Financial Aid. Closing out with dedicated time to answer any questions you may have.

FRIDAY, APRIL 19

12:00 PM – 1:30 PM

CROSS-CULTURAL COMMUNICATION AND SKILLS (Continued)

Linguistic Capital: How cuentos [stories], and dichos [proverbs] have influenced our past, present, and the future

Miguel A. Juarez, Heritage University

Red Lion East Ballroom

The idea behind this workshop is to acknowledge how important cuentos and dichos have been in shaping our present, and guiding our future. Who can't remember the proverb "camaron que se duerme se lo lleva la corriente (you snooze, you lose)." This proverb can be interpreted as the negative consequences of not being alert, involved, ready – or just being lazy. The workshop will utilize proverbs to encourage students to thrive, and be successful in college. In addition, the workshop will include sharing stories about students, and their parents. I am planning to share my own story moving from undocumented farmworker to a college professor. Si se puede!

Navigating Triggering Conversations Through Aloha

Gerry Ebalaroza-Tunnell, PhD, Co3 Consulting

Red Lion Lower Terrace

How do you remain in conversation when someone makes a triggering remark or uses offensive language? Do you feel ostracized in discussions about race or privilege? Are you able to control your emotions in these divisive dialogues? This workshop is grounded in the method of ALOHA. Participants will learn the tools to prepare for moments that could push you off the edge. These tools will allow you to shift to a new perspective and transition the conversation from one of divide to one of healing.

Find Your Place-Every Tribe, Every Tongue, Every Nation

Lady Ivory Boyd, Green River College

Room H

For many of us, some of the most important questions in our lives which can have the biggest impact often don't get asked of us. Is it because the environment we find ourselves in is ignorant, and does not know how to ask? Or is it the case that our environment just didn't care to ask because that would mean making time to have deeper conversations about our common humanity; which means traversing uncertain paths we may be afraid to walk, and so we undervalue asking these very challenging yet essential life questions. Yet in order to find our place, life demands we ask these specific questions of ourselves and of each other; and then question our answers through a reflective lens. Cross-cultural and collaborative communication is the key that requires all of us to be willing to seek to understand. Participants will be asked to engage in deep reflective non-judgmental dialogue. It will require patience, humility and submission to a spirit of inclusiveness in order to gain an equitable perspective, and a meaningful understanding of the value of true diversity.



FRIDAY, APRIL 19

12:00 PM – 1:30 PM

CROSS-CULTURAL COMMUNICATION AND SKILLS (Continued)

Showing Up For Others: A Guide to Cross-Cultural Advocacy

Laurie Franklin, Everett Community College
Emma Ka'aha'aina, Everett Community College

Room 100

In this workshop, we will address the stereotypes and biases that we hold for ourselves and others in an effort to find what unifies us, what differences we may have, and how to utilize the two in our advocacy for each other.

Caught in the Middle

Jay McLean-Riggs, Seattle Central College
Omari Osman, Seattle Central College
Safiya Jimale, Seattle Central College

Red Lion Garden Terrace

Several student facilitators will give a workshop on the cross-cultural communications, expectations and challenges faced by first or second generation Americans. These students are managing a home-life steeped in traditional culture of their parents with attitudes and expectations that align with that culture and a school-life where ideas, expectations and cultural norms are very different. The impact will be explored by short skits on communications with other students, parents and instructors created to simulate conversations followed by discussions around these topics.

I Said, What I Said: Lessons in Cross Cultural Communication

Dennis Denman, Edmonds Community College

Red Lion West Ballroom

Have you ever said something that you wish you could take back? Sometimes you didn't mean for it sound that way (and sometimes, yeah, you did)? In Student leadership roles you have to think before you speak and understand that words have an impact. Attend this session to learn how to be a more inclusive and thoughtful leader, communicator, and bridge builder between yourself and peers at your institution. If nothing else, come for the stories and learn how not to put your foot in your mouth (and maybe learn a professional clapback or two).



FRIDAY, APRIL 19

12:00 PM – 1:30 PM

CROSS-CULTURAL COMMUNICATION AND SKILLS (Continued)

Of Tribes and Nations

Samuel Chesneau, Seattle Central College
Sabreen Abdullah, Seattle Central College
Hanan Hassan, Northwest Film Forum

Room 200

Within the religion of Islam, you have over 1 and a half billion Muslims that encompass many different tribes and nations. Though the dominant culture has painted Muslims as a foreign entity, this workshop intends to paint a more accurate portrayal of the impact Muslims have had on Turtle Island before the United States was a nation-state, as well as the impact that they have had throughout our nation's history. Introducing the concepts of the Ummah (nation) and what it means to be a Muslim in our society. Through learning about historical examples from the prophet Muhammad (may peace and blessings be upon him) to Malcolm X, all the way to post 9/11 realities, we make the intention to be able to face the difficult challenges that exist from division within our own community to fear based hate of the other (i.e. Islamophobia) from outside of it and how to deal with them effectively through our tradition.

Breaking the Silence Barrier about Money

Jessica Vigil, Yakima Valley College

Red Lion Ivy Room

What is your first memory about money? Is it positive or negative? Many households, regardless of socioeconomic status, race and ethnicity, education level etc. don't talk about money. It is estimated in today's world that of the trillions

of dollars only 4% is in hard currency (paper or coin) and the rest is abstract (electronic). For first-generation students without financial awareness this can jeopardize their future finances. In this workshop we will have a conversation about why/how money was or was not discussed at home, how it has influenced money management skills and share best practices.

Financial Lockbox Challenge

Josh Bergman, Washington State Employees Credit Union (WSECU)

Red Lion Upper Terrace

In the WSECU Financial Lockbox Challenge, students are asked to analyze their friend's finances and ultimately advise him on whether or not to purchase a car. The lockbox challenge is a financial module made up of five lockboxes, each one housing different financial documents. Students must solve puzzles to discover combinations and gain access to each lockbox. Each box has a different type of lock for the students to decode. Once they open a new lockbox, they uncover new financial documents, and thus gain a more complete picture of their friend's finances.



FRIDAY, APRIL 19

2:30 PM – 4:30 PM

SOCIAL JUSTICE AND SOCIAL ACTIVISM

These facilitated workshops focus on skill building and development, such as alliance building, intercultural communication, cross-cultural communication, and understanding power and privilege.

Black Cancer Matters - Dismantling Race/Ethnic Disparities in Healthcare.

Joseph Wilson, National Marrow Donor Program - Be The Match

Gilbert Martinez, National Marrow Donor Program - Be The Match

Room 100

Many people of color diagnosed with cancer or other disorders attribute it to “bad luck,” but in reality many of these diseases are linked to racial inequities. Why is there a disparity in health outcomes for people of color versus their caucasian counterparts? In this workshop we will be discussing the intersection of health and race/ethnicity, identifying and deconstructing systemic healthcare issues facing people of color, and empowering and educating students to become Health Justice Advocates.

Outing the Strategy Holding People of Color Back: How to Spot and Undo the 50 Year Old Southern Strategy

Prof. Carl Livingston, Seattle Central College

YCC Room 600

This workshop will explain what the Southern Strategy is that Nixon and Reagan launched, and which even Democratic presidents have been doing somewhat. It will demonstrate how the southern strategy rolled back the gains from 1965-1975, gains that would have made Blacks and Latinos, for instance, equal to Whites educationally and economically sometime between 2010 - 2020, were it not for this strategy. Finally the workshop will show the test students, staff and faculty can apply to spot and undo southern strategy programming anywhere.

Intersectional Education: Movement Towards a Decolonial Sense of Self

Carlos Adams, Green River College

YCC Room F

This workshop addresses how intersectionality is part of an educational process which allows for the decolonization of self. Through interaction, the participants explore the ways in which intersectionality should be part of the educational experience. The workshop also addresses how intersectionality can lead towards a decolonial process that acts to subvert Western colonial impositions of self-identity and initiates personal and social activism. The hope for the workshop is to provide the participants with the knowledge and understanding of the ways they may have internalized Western forms of identity and how intersectionality can lead to a process where new and creative futures are developed.

Understanding Race and Poverty in the U.S.

John Kellermeier, Clark College

YCC Room 300

In the U.S., people of color have higher rates of poverty than whites. This information has been misused to stereotype people of color and to distort the images of poor people. Come and learn how to use statistical reasoning to combat this misinformation.

FRIDAY, APRIL 19

2:30 PM – 4:30 PM

SOCIAL JUSTICE AND SOCIAL ACTIVISM (Continued)

Wait, Whaaaaaat??? Microaggressions are like Mosquito Bites?!

Vicente Lopez, Yakima Valley College

YCC Room 200

A workshop that fosters interpersonal empathy and an understanding of microaggressions through interactive storytelling and activities. Microaggressions are part of our daily experience as people of color. It is imperative to learn and practice how to understand, manage, and share our experiences.

The Importance of Faculty and Staff of Color within the Education System

Daisy Padilla, Skagit Valley College

Jareth Rodriguez, Skagit Valley College

Yesmeen Davila, Skagit Valley College

YCC Room 400

This interactive and student lead session will give attendees the opportunity to reflect on their own educational experiences and discuss messages that disseminate from our current education system. Participants will examine how imperative Teachers and Staff of Color are for the longevity and quality of the educational system as a whole. This session will empower participants to become social agents of change within a white supremacist academy and for their communities.

Decolonizing Activism: Trauma from our past to reclaiming our futures

Tanya Medina, Seattle Central College

Jessica Hernandez, Central Washington University

YCC Room G

Ever curious how to become a good ally? What it takes to be unapologetic to white fragility? Or wonder how can we start acknowledging

indigenous people when we do any of the work you or any organization does? The purpose of this workshop is to learn the simplicity of what an activist looks like to the complexity of benefiting off of stolen land and genocides as activist. By the end of this workshop the attendee will have the opportunity to have learned to self-heal through the social justice/equality movements, acknowledge our indigenous brother and sisters in our collective work, feel empowered, and reclaiming work that causes activist hard emotional and physical labor.

Finding Your Lane in the Fight for Our Freedom

Erin Jones, Erin Jones LLC

YCC Room A

In this session attendees will hear about some of the social justice/advocacy/activism work that has happened in the past and the work that is currently happening in Washington state. We will develop ideas about ways each attendee can be involved. We will unpack the terms - “social justice”, “advocacy” and “activism” - and talk about the role of each and how people engage differently. Attendees will reflect on their own personal experiences and passions and determine how those align with opportunities to serve and advocate for themselves and others.



FRIDAY, APRIL 19

2:30 PM – 4:30 PM

SOCIAL JUSTICE AND SOCIAL ACTIVISM (Continued)

Intersectional Identities: Breaking down layers of oppression

Dennis Denman, Edmonds Community College
Red Lion West Ballroom

We all our human beings with that come in different races, colors, shapes and sizes but all these parts of our identities make us unique. With all of our intersections and identities, forms of privilege and oppression show up and impact us all differently. Attend this workshop to learn more about the intersections of your identity and the many layers of oppression that we deal with internally. As we create and develop a stronger sense of self, this workshop will empower students to be their best selves because we are all learning and growing to be better human beings in 2019 and beyond.

Campaign Strategies with a Racial lens

Janie Wright, Planned Parenthood of Greater Washington and North Idaho

Red Lion Yakima Ballroom

This workshop will teach you how to strategically win campaigns around issues on your college campus.

Performing Wokeness: Disrupting Institutional Oppression

Elena Esquibel, Shoreline Community College
Ernest Johnson, Shoreline Community College
YCC Room B

The workshop will be 80% experiential and 20% reflective. No prior theater or performance experience is required. The workshop is structured to introduce action and experiential techniques from the Theater of the Oppressed repertoire, so

that participants can begin to apply them as tools in a practice of personal and collective liberation. Participants will be taught how to observe, analyze, challenge and transform oppression and oppressive practices at the individual and interpersonal, institutional, levels, using a spectrum of techniques, exercises, and specific tools from Theater of the Oppressed.

Deconstruction of The Master Plan

Rashad Norris, Highline College

Red Lion East Ballroom

Movement vs. Moment; participants will be challenged to find their voice to create change! Session will breakdown the difference between Protest and Boycott and will deconstruct plans and narratives that have been fed to communities of color for centuries. They will recreate their own narratives and create movements of change!

How to be Maladjusted: Creating a Commitment to Social Justice

TaChalla Ferris, Shoreline Community College

Red Lion Lower Terrace

This workshop will analyze parts of two Martin Luther King, Jr.'s speeches (The Other America and Proud to be Maladjusted). Participants will discuss how the themes of the speeches are relevant to current social issues and create a visual representation (poem, statement, or drawing) of their commitment to social justice.

FRIDAY, APRIL 19

2:30 PM – 4:30 PM

SOCIAL JUSTICE AND SOCIAL ACTIVISM (Continued)

Haciendo Caras, Composing Yourself

Olivia J Hernández, Yakima Valley College

Red Lion Upper Terrace

In this workshop, Instructor Olivia J. Hernández will describe her experiences as a Chicana PhD student and her research about Chicanx creative expression and the role of personal narrative in the college classroom. This workshop will provide students with an opportunity to brainstorm their own curriculum of relevant texts that define and describe their own experiences. Students will also be asked to consider the role of personal narrative and storytelling within their own disciplines.

Using film production as a social justice tool

Veronica Barrera-Kolb, Seattle Central College

Red Lion Garden Terrace

This interactive workshop will explore short film production and its uses as a liberation and social justice tool. We will watch four short films produced by Seattle Central students that explore social justice themes, aesthetic, and struggles to think about the potential for liberation inherent in the creating, producing and sharing of short films. We will discuss how to use a social justice lens from where to both view and produce short film.

A Call for Teachers of Color

Charles Jeffreys, Seattle Central College

YCC Room H

This workshop examines the history of the American educational system and explains why there is a need for more students of color to become teachers.

Create Change: The Importance of Civic Engagement & Voting

Giovanni Severino, Latino Community Fund
YCC Room 500

The time is NOW. We have the most diverse Congress in our nation's history, the most diverse legislature in our State Government but it's not enough. In this workshop we will seek to understand the importance of civic engagement, how it shows up in one's lives and community, and what the impact of it is no matter what your status, race, religion or background.

How To Start A Revolution: Lessons From The Courtroom To The Campus

Juan Esparza, Bellevue College

Red Lion Ivy Room

A 2006 study by Sommers provides evidence of differences in the deliberations of diverse vs. homogeneous juries. In that study, the racially diverse juries deliberated longer, discussed more trial evidence and made fewer factually inaccurate statements when discussing the evidence than did all-white juries. The same principals will apply on our school campuses. The more diversity we have in positions of power, the better and more equitable decisions will be made. Students will be educated on why it is important to step up into positions of influence in their community. A revolution of student involvement on their campuses/ community is needed, this workshop's desire is to help that cause!



SATURDAY, APRIL 20

9:00 AM – 10:30 AM

PERSONAL DEVELOPMENT

These facilitated workshops focus on skill building and development, such as alliance building, intercultural communication, cross-cultural communication, and understanding power and privilege.

Growing Resistance through Self-care and Respect

Pah-tu Pitt, Native Kut

Ashley Alvarez, Indigenous Roots

Red Lion Upper Terrace

“Caring for myself is not self-indulgence, it is self-preservation, and that is an act of political warfare,” Audre Lorde. Indigenous traditional teachings include a basis for place-based self-care and resistance. During this workshop, we intend to highlight important aspects of indigenous plants and other plant uses. Embedded in this conversation we include ways to encourage respectful interactions with plants from people’s backgrounds. Participants will have the opportunity to share their insights and learn more about plants through experiential activities during the workshop.

Sex! An Empowering, Healthy and Honest Discussion

LaShonda Lipscomb, Seattle Central College

YCC Room B

Sex..such a little word for all the drama it brings. It’s all around us, in our schools, on our screens and in most of our “dirty” little minds. Yet, for some reason people don’t want to have open, honest conversations about it. There’s also so much shame and lies around sex. Lying to get it and then feeling bad that you got it. Shame that you may or may not like it, shame that you don’t have enough of it, shame that you like that one weird thing and lie to yourself and your partners because you can’t bring yourself to discuss it. In this workshop we’re going to bust this topic wide open and start demystifying the very thing that most of us want.

Project Planning for Academic Success

Glenda Graham-Walton, South Seattle College

YCC Room 500

In this workshop participants will be introduced to basic project management principles and learn how to apply those principles to school and their personal life.

Journey to Empowerment

Trysteen Tran, Green River College

YCC Room 600

This interactive session is designed to equip you with tools for battle against mental and physical hindrances that pollute your fullest potential. Come with an honest, open mind and leave as a powerful entity.

WE ARE, in the words of America Ferrera

Dian Ulner, Clark College

John Kellermeier, Clark College

YCC Room 200

Join us for some playful activity while we explore the words of America Ferrera from American Like Me: Reflections on Life Between Cultures as an expression of how we are empowered by our past to forge our future. Participants will have the opportunity to express themselves through performance, sculpting, graffiti, mural-making and other creative endeavors.

SATURDAY, APRIL 20

9:00 AM – 10:30 AM

PERSONAL DEVELOPMENT (Continued)

Introspection: Know yourself and know your worth

Shaan Shahabuddin, Seattle Central College

HaeLin Han, Green River Community College

YCC Room 300

Attendees will learn about introspective techniques and intrapersonal communication style through exercises and activities. Attendees will contemplate and reflect on their strengths, values, accomplishments, and weaknesses to gain a better understanding of how their past experiences have shaped them into the person they are and the person they plan to be in the future. Attendees are expected to face challenges and personal questions about themselves that may bring up discouraging memories, but will eventually lead to acquiring self-loving and higher self-esteem.

Addressing Mental Health for POC

Erin Jones, Erin Jones LLC

Ashley McGirt MSW, Therapist & Counselor

Rocio Carrion, I AM Empowerment LLC

YCC Room A

This session will focus on helping people of color consider the importance of mental health, particularly as it impacts people of color in unique ways. The 3 presenters work in different arenas but all have experienced the positive impacts of counseling. All 3 have devoted their careers to empowering young people, and all recognize the unique needs of how their communities are impacted by the traumas of racism, bigotry and xenophobia. Session attendees will hear the stories of 3 women of color who are leaders in their fields. Attendees will have opportunities to learn lessons to help them better meet their mental health needs. Attendees will leave inspired and encouraged.

Imposter Syndrome: No Catfishing Here!

Drea Gabriel, Edmonds Community College

Victoria Callahan, Edmonds Community College

Red Lion East Ballroom

Impostor syndrome is a psychological pattern in which an individual doubts their accomplishments and has a persistent internalized fear of being exposed as a “fraud.” This workshop grants space to define, dialogue and demystify the truths about Impostor syndrome. We’ll also equip students with strategies to identify and overcome Impostor syndrome in higher education.

Never Would Have Made It: Students, Faith & Spirituality

Dennis Denman, Edmonds Community College

Red Lion West Ballroom

This workshop attempts to empower and uplift students from a spiritual and non-denominational faith kind of way. When thinking about health and wellness strategies the importance of faith, resiliency, and spirituality don’t always come up. As we look to the past, civil rights leaders, like Martin Luther King, Malcolm X, Muhammad Ali, Jesse Jackson and others all had some connection to a higher power than themselves.



SATURDAY, APRIL 20

9:00 AM – 10:30 AM

PERSONAL DEVELOPMENT (Continued)

For the Culture: Legacy-Building Leadership

Natilie Williams,

Red Lion Yakima Ballroom

We all have our own idea of what it means to be a “trailblazer” or “gamechanger.” This highly interactive session will take it a step further and discuss how students can confidently and intentionally create and maximize their individual and collective leadership legacy during their campus takeover. Participants will examine what it means to leave a legacy, how to balance personal image and academic/professional development, detail goals through execution, all while using pop culture examples. Participants will walk away with tangible ideas and methods on how to not only “pursue purpose,” but also leave a legacy for all of their leadership involvements and beyond.

The Social Justice Hokey Pokey: Knowing when (and how) to put your whole self in and take your whole self out

Dominique Brooks, Oregon State University

YCC Room 400

This workshop is intended to help students use who they are and their experiences to communicate their message and help connect to the work and their audience. In addition, it will also help students learn to value, respect and make time for themselves so they can be sustained in the work.

So, you want to be a Teacher?

Tamasha Emedi, Highline Public Schools

Red Lion Ivy Room

We will discuss what it looks like to enter the workforce in Washington State as a public school teacher and a person of color: what supports exist, what are common hurdles to overcome, and how to cope with post-grad options, interviews, and the first year of teaching.

Overcoming Adversity & Graduating from College

Omari Amili

Red Lion Lower Terrace

This session introduces seven concepts and principles that aid students in overcoming adversity & graduating from college.

Hula, Haka & Hayi Hami Traditions of the Vasa Pasifika Ocean

Eddie Maiava, Pacific Islander Studies Institute

Michael Tuncap, Seattle Central College

Room 100/200/300

We share Pacific Islander oral traditions & dance that improves health and wellness of the mind, body & spirit. We build a sense of family and village unity through creative resistance techniques of the Maori Haka & the Chamoru Hayi Hami. Students learn the Samoan cultural practices of the Sa Sa to celebrate Polynesian empowerment and self-care with indigenous consciousness.

SATURDAY, APRIL 20

9:00 AM – 10:30 AM

PERSONAL DEVELOPMENT (Continued)

Students of Color Applying to Ivy League Universities

Dr. Farhana Loonat, Skagit Valley College

Red Lion Veranda

Students of color often do not have the privilege of social and financial capital to successfully apply to elite institutions of higher education and these limitations often have an adverse effect on their social mobility. This workshop walks students through the steps they should take to successfully apply to elite institutions of higher education. The skills learnt at this workshop are transferable to job and scholarship applications as well.

Afro-Latinidad: The Black Existence in Latin America

Doris Martinez, Highline College

Keylee Fernandez, Youth Care

Red Lion Garden Terrace

In this workshop, the audience will learn about the diversity within the Afro-Latinx communities in the Americas history, colorism, identity perspectives, spirituality and preservation of black culture. Participants will have the opportunity to retain information about the current statistics of population, recognition, and social inequities that black people in Latin American experience through education, empowerment, music and more.

Why to Fail Forward

Nathan Webster, Clark College

YCC Room 100

The journey of success starts with epic failure. We love to celebrate victory and good times, but don’t always know how to use the bad moments to catapult us through life’s difficult moments. Stepping into your destiny means you let go of your past, to embrace the present and enjoy your future.

